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#### LILONG CHAJING (IMPHAL-WEST), MANIPUR

(Permanently affiliated to M.U. Included in 2(f) &12(b) of U.G.C.Act.)

# 5.3.1: Number of awards/medals for outstanding performance in sports/cultural activities at University/state/national / international level during the last five years

| Year<br>2018-19  | Name of the award/<br>medal  | Team /<br>Individual | Level of Competition (University/St ate/National/ International) | Name of competition (Sports/Cultural) | Name of the student(s)       |
|------------------|--|----------------------|--|---------------------------------------|------------------------------|
| 14-<br>Aug.,2019 | Guinness World Records [The most one arm one leg push ups in one minute, (male) is 36] | Individual           | International  | Sports                                | Thounaojam<br>Niranjoy Singh |

Mivadud Farance Co. ordinator Co. ordinator Co. ordinator Co. Inchial West.



## CERTIFICATE

The most one arm one leg push ups in one minute (male) is 36, and was achieved by Thounaojam Niranjoy Singh (India) in Imphal, India, on 14 August 2019.

OFFICIALLY AMAZING



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| Year<br>2019-20 | Name of the award/<br>medal  | Team /<br>Individual | Level of<br>Competition<br>(University/St<br>ate/National/<br>International) | Name of<br>competition<br>(Sports/<br>Cultural) | Name of the student(s)       |
|-----------------|--|----------------------|--|---|------------------------------|
| 3,Feb,2020      | Guinness World Records [The most one arm knuckle push ups in one minute,alternating arms (male) is 67] | Individual           | International  | Sports  | Thounaojam<br>Niranjoy Singh |

Minadutta Co-ordinator Co-ordinator Co-ordinator Regional Collegest



## CERTIFICATE

The most one arm knuckle push ups in one minute, alternating arms (male) is 67, and was achieved by Thounaojam Niranjoy Singh (India) in Imphal, Manipur, India, on 3 February 2020.

OFFICIALLY AMAZING



# CUNNESS WORLD RECORDS LIMITED 2014 THIS CENTIFICATE DOES NOT NECESSARILY DENUTE AN ENTRY INTO ANY PRODUCTS DISTRIBUTED.
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| 2020-21 | NIL                | NIL    | NIL  | NIL                                   | NIL                    |
|---------|--------------------|--------|--|---------------------------------------|------------------------|
| Year    | Name of the award/ | Team / | Level of<br>Competition<br>(University/St<br>ate/National/<br>International) | Name of competition (Sports/Cultural) | Name of the student(s) |

\* Due to COVID -19, no students could participate any event.

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#### LILONG CHAJING (IMPHAL-WEST), MANIPUR

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# ACADEMIC YEAR (2021-22)

| Year            | Name of the award/Medal   | Team       | University/State<br>/National/<br>International | Sports/<br>Cultural | Name of the Student        |
|-----------------|---|------------|---|---------------------|----------------------------|
| 8-9,Jan,2022    | Kio North East Zone Karate<br>Championship,2022/<br>Bronze Medal  | Individual | National  | Sports              | Jetlee<br>Chabungbam       |
| 12-15, May,2022 | 16th Governor's<br>Taekwondo Cup,<br>Manipur/Silver Medal   | Individual | National  | Sports              | Jetlee<br>Chabungbam       |
| 26-30,Aug,2022  | 2nd Manipur Olympic<br>Games,2022/Gold Medal  | Individual | State   | Sports              | Jetlee<br>Chabungbam       |
| 26-30,Aug,2022  | 2nd Manipur Olympic<br>Games,2022/Bronze Medal  | Individual | State   | Sports              | M.Deeppa Devi              |
| 26-30,Aug,2022  | 2nd Manipur Olympic<br>Games,2022/Bronze Medal  | Individual | State   | Sports              | YaiphabiChanu              |
| 21-Nov,2022     | Manipur University Inter-<br>College Best Physique<br>Weight Lifting and Power<br>lifting M/W<br>Championship/Silver<br>Medal | Individual | University                                      | Sports              | K.Chinglenkhomba<br>Meitei |
| 24-26,Nov,2022  | 5th India Open International Taekwondo Championship/Silver Medal  | Individual | International                                   | Sports              | Jetlee<br>Chabungbam       |
| 20 -23,Dec,2022 | All India Inter-University<br>Fencing M/W Tournament/<br>Bronze Medal   | Individual | University                                      | Sports              | Th.Satish Meitei           |
| 20-23,Dec, 2022 | All India Inter-University<br>Fencing M/W Tournament/<br>Bronze Medal   | Team       | University                                      | Sports              | Th.Satish Meitei           |

Myredutta Co-ordinator Co-ordinator Co-ordinator I College Regional Imphal West 8-9,Jan,2022

Kio North East Zone Karate Championship,2022/ Bronze Medal

Individual

National

Sports

Jetlee Chabungbam



12-15, May, 2022

16th Governor's Taekwondo Cup, Manipur/Silver Medal

Individual

National

Sports

Jetlee Chabungbam



26-30,Aug,2022

2nd Manipur Olympic Games,2022/Gold Medal

Individual

State

Sports

Jetlee Chabungbam



Manipur Olympic Association

26-30,Aug,2022

2nd Manipur Olympic Games, 2022/Bronze Medal

Individual

State

Sports

M.Deeppa Devi











This Certificate is awarded to

Mr./Mrs./Miss Mainam Deeppa Devi representing

Thoubal district for his/her participation in the 2<sup>nd</sup> Manipur Olympic Games 2022

for the event Table Tennis held at Indoor Hall, DM University

Manipur from 26th to 30th August 2022

Thokchom Radheshyam Singh President

Manipur Olympic Association

Sunil Elangbam Secretary General Manipur Olympic Association

Manipur Olympic Association

26-30,Aug,2022

2nd Manipur Olympic Games, 2022/Bronze Medal

Individual

State

Sports

YaiphabiChanu











This Certificate is awarded to

Mr./Mrs./Miss Huirongbar Yaiphabi Devi

Thoubal district for his/her participation in the 2 de Manipur Olympic Games 2022

for the event Table Tennis held at Indoor Hall DM University

Manipur from 26th to 30th August 2022

Thokchom Radheshyam Singh President Manipur Olympic Association

Sunil Elangbam Secretary General Manipur Olympic Association

Manipur Olympic Association

| 21-Nov,2022 | Manipur University Inter-<br>College Best Physique<br>Weight Lifting and Power<br>lifting M/W<br>Championship/Silver<br>Medal | Individual | University | Sports | K.Chinglenkhomba<br>Meitei |
|-------------|---|------------|------------|--------|----------------------------|
|-------------|---|------------|------------|--------|----------------------------|



24-26,Nov,2022

5th India Open International Taekwondo Championship/Silver Medal

Individual

International

Sports

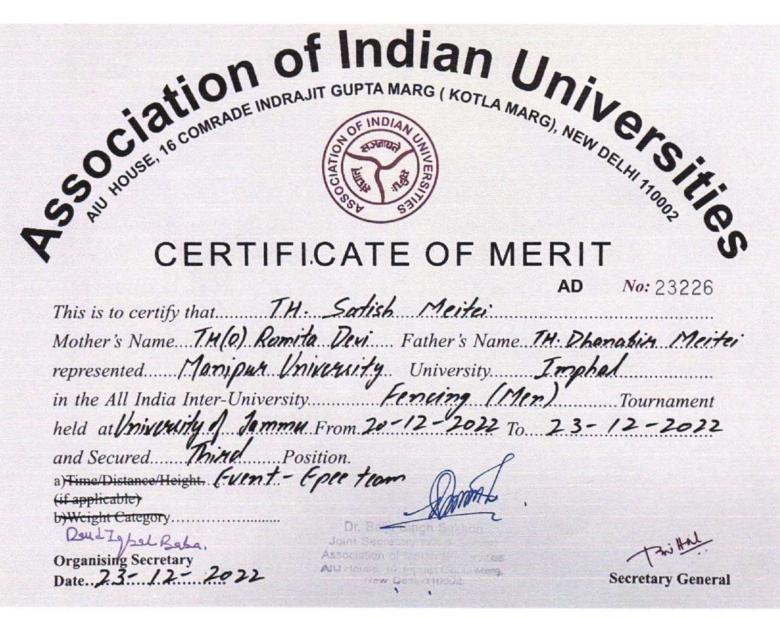
Jetlee Chabungbam



All India Inter-University
20 -23,Dec,2022 Fencing M/W Tournament/ Individual University Sports Th.Satish Meitei
Bronze Medal

| GALUNOISE, 16 COMPRADE INDRAJIT GUPTA MARG (KOTLA MARG), NEW DELAN TODOS TO  |  |
|--|--|
| CERTIFICATE OF MERII  AD No: 23257  This is to cartify that  This Satish Meiter  |  |
| Mother's Name THO Romita Devi Father's Name IH: Whanabut Ment  |  |
| in the All India Inter-University  |  |
| (if applieable) b) Weight Category.  Organising Secretary  Organising Secretary  Date 23-12-2022  Description Secretary  Association of Indian Category  Association of Indian Category  Association of Indian Category  Secretary General Secretary  Secretary General Secretary  Date 23-12-2022 |  |

All India Inter-University
20-23,Dec, 2022 Fencing M/W Tournament/
Bronze Medal Team University Sports Th.Satish Meitei



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#### LILONG CHAJING (IMPHAL-WEST), MANIPUR

(Permanently affiliated to M.U. Included in 2(f) &12(b) of U.G.C.Act.)

# ACADEMIC YEAR (2022-23)

| Year                      | Name of the award/Medal  | Team       | University/State<br>/National/Intern<br>ational | Sports/<br>Cultural | Name of the<br>Student                    |
|---------------------------|--|------------|---|---------------------|---|
| 24-28<br>Mar,2023         | 33rd Senior National Fencing<br>Championships/ Gold Medal  | Team       | National  | Sports              | Th.Satish Meitei                          |
| 25 May-3<br>June,2023     | Khelo India University Games,<br>2022/ Bronze Medal  | Team       | University                                      | Sports              | Th. Satish Meitei                         |
| 27-30, April,<br>2023     | 17th Governor's Taekwondo Cup,<br>Manipur,2023/Bronze Medal  | Individual | National  | Sports              | Jetlee<br>Chabungbam                      |
| 26 June to 2<br>July,2023 | 32nd Senior National (Men & Women) Wushu Championship/<br>Bronze Medal   | Individual | National  | Sports              | Bonish Yurembam                           |
| 1st-2nd<br>Oct,2023       | 13th State Level Sub-<br>Junior, Junior, Senior and Masters<br>Men and Women Powerlifting<br>Championships 2022/Gold Medal | Individual | State   | Sports              | L.Prashant Singh                          |
| 3 Nov,2023                | Manipur University Inter-College<br>Archery M/W Championship/<br>Bronze Medal  | Individual | University                                      | Sports              | L.Yuhenba Meitei                          |
| 5-6,<br>Nov,2023          | AshemArun Kumar Singh<br>Memorial Manipur University<br>Inter-College Table Tennis M/W<br>Tournament/ Silver Medal         | Team       | University                                      | Sports              | 1.<br>H.YaiphabiChanu<br>2. M.Deeppa Devi |
| 5 Dec,2023                | Manipur University Inter-College<br>Power Lifting and Weight Lifting<br>Championship/ Gold Medal                           | Individual | University                                      | Sports              | K.Chinglenkhomba<br>Meitei                |
| 5 Dec,2023                | Manipur University Inter-College<br>Power Lifting and Weight Lifting<br>Championship/ Gold Medal                           | Individual | University                                      | Sports              | L.Prashant Singh                          |
| 23-24 Dec,<br>2023        | Khelo India Women's Kickboxing<br>League/ Gold Medal   | Individual | University                                      | Sports              | Ocean Huidrom                             |



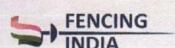
24-28 Mar,2023 33rd Senior National Fencing Championships/ Gold Medal

Team

National

Sports

Th.Satish Meitei



Affiliations: International Fencing Federation (FIE), Fencing Confederation of Asia (FCA), Commonwealth Fencing Federation (CFF), Indian Olympic Association (IOA), & Ministry of Youth Affairs and Sports (MYAS), Govt of India

#### CERTIFICATE OF MERIT



FENCER FAIMFMN3375





- 2023 SENIOR NATIONAL CHAMPIONSHIP

The Fencing Association of India certify that ... Thongam Satish Meitel

DOB 02-06-2001 ....S/o/D/o/W/o... Thongam Dhanabir

represented ..... ....... in the 33rd Senior National Fencing Championships

medal in the event ...... Men - Epee - Team

Rometa

Rajeev Mehta Satej Dyandeo Patil President Fencing Association of India

Secretary-General

**Uday Dongare** 

Secretary Fencing Association of India Maharashtra Fencing Association 25 May-3 June,2023 Khelo India University Games, 2022/ Bronze Medal Team University Sports Th. Satish Meitei



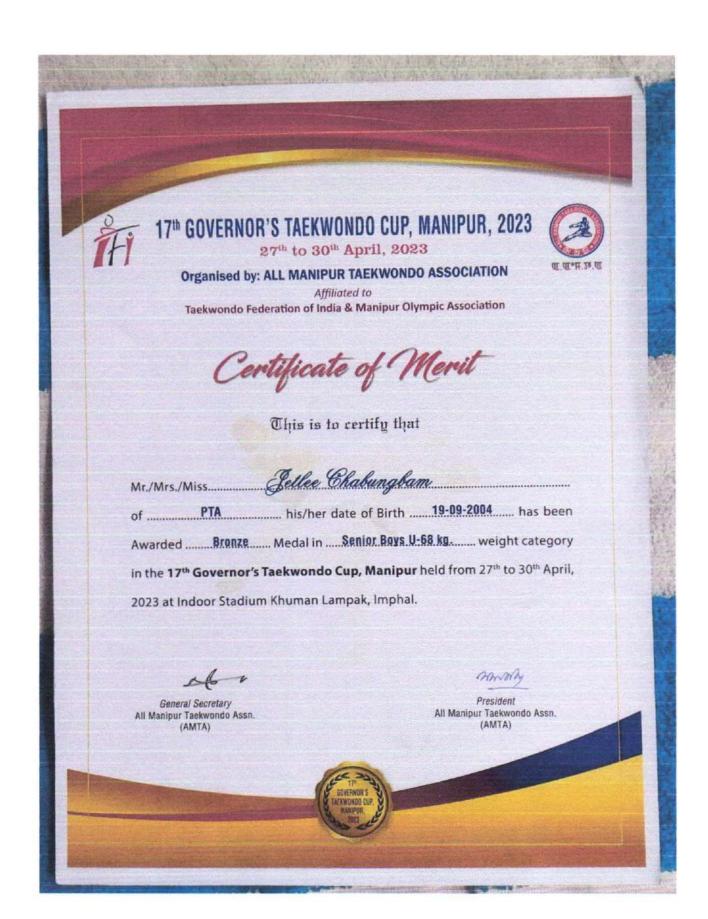
27-30, April, 2023 17th Governor's Taekwondo Cup, Manipur,2023/Bronze Medal

Individual

National

Sports

Jetlee Chabungbam



26 June to 2 July,2023 32nd Senior National (Men & Women) Wushu Championship/ Bronze Medal

Individual

National

Sports

**Bonish Yurembam** 















#### 32nd Senior National (Men & Women) Wushu Championship

Organised by : All Maharashtra Wushu Association Under the auspices of : Wushu Association of India Affiliated with : Indian Olympic Association

Member: International Wushu Federation, Wushu Federation of Asia
Recognised by: Ministry of Youth Affaires & Sports (Govt. of India). Sports Authority of India

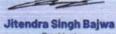
## Certificate Of Merit / Participation

Certificate Id: ISD/WUSHU/23/0274

#### This Certificate is being awarded to

Mr./Ms. BONISH YUREMBAM (ID - 230526) from Manipur state for having Bronze Medal in 32nd Senior National Wushu (Men-Women) Championship-2023 in Taolu Single - Bare Hand - Nanquan - Male held at Shree Shiv Chhatrapati Sports Complex, Pune, Maharashtra. from 26-06-2023 to 02-07-2023.





President
Wushu Association Of India

Arme

President
All Maharashtra Wushu Association

Mynn

Vijay Saraf General Secretary Wushu Association Of India S. S. Karke

General Secretary

All Maharashtra Wushu Association

& Organising Secretary



1st-2nd Oct,2023 13th State Level Sub-Junior, Junior, Senior and Masters Men and Women Powerlifting Championships 2022/Gold Medal

Individual

State

Sports

L.Prashant Singh



3 Nov, 2023

Manipur University Inter-College Archery M/W Championship/ **Bronze Medal** 

Individual

University

Sports

L.Yuhenba Meitei



#### Certificate of Merit



This is to certify that Shri/Smt/Km Leishangthem Yashinba Mite S/ODIO de Manihan Mittie (Father's Name) a h. (a) hafu lima represented Regional Callege in the Manipur University Inter College Archary M/w Competition 2023-24 held at Regional College from 3 Ad Nov. to 2023-24 He She His Team Her Team secured 3 nd Pasition in Records a) Sime/Distance/Height/Point Weight Category

DR. SM. Memtambi Devi Principal/Director (Host Institution)

Secretary **MU Sports Committee**  Dean of Students' Welfare Manipur University

STUDENTS WELFARE Manipur University

REGIONAL COLLIGE

SECRETARY MU SPORTS COMMITTEE

| 5-6,<br>Nov,2023 | Ashem Arun Kumar Singh<br>Memorial Manipur University<br>Inter-College Table Tennis M/W<br>Tournament/ Silver Medal | Team | University | Sports | H.YaiphabiChanu |
|------------------|---|------|------------|--------|-----------------|
|------------------|---|------|------------|--------|-----------------|



5-6, Nov,2023 Ashem Arun Kumar Singh Memorial Manipur University Inter-College Table Tennis M/W Tournament/ Silver Medal

Team

University

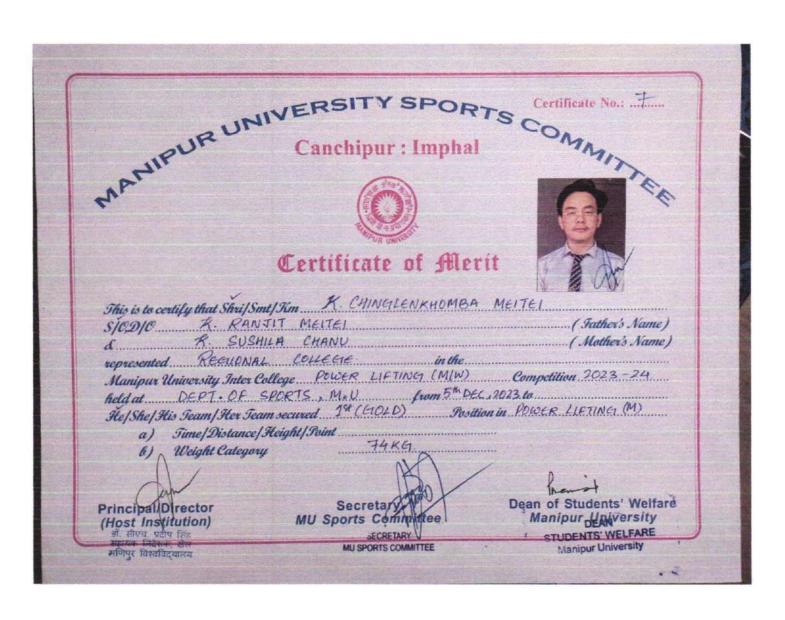
Sports

M.Deeppa Devi

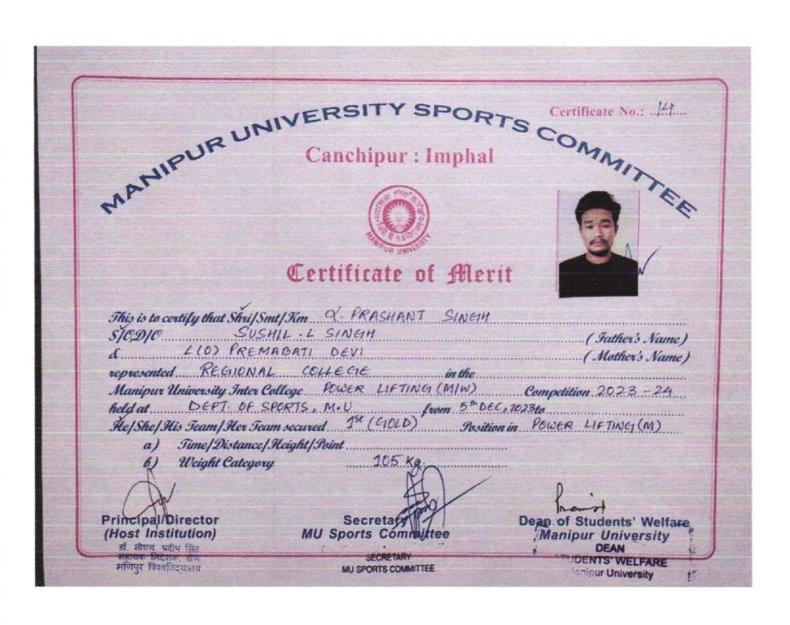
| a Ur  | Canchipur : Imphal   | TS CO. MU/II-(W)29/0                            |
|---|--|---|
| UPUR  | Canchipur : Imphal   | WWIN  |
| MARY  | OR UMBO  | TEE.  |
| This is to contile that Shuil               | Certificate of Mei   |   |
| S/CD/C Mairam                               | Ibamcha Girgh  | ( Father's Name) ( Mother's Name)               |
| represented Reg<br>Manipur University Inter | Coral College, Chajing in the A<br>College Jable Termin<br>L College, Babapara from 5-1<br>cam secured 2rd Posit | Competition 2013-2014                           |
|   | eam secured 2.4 Posit<br>of Height/Point   | ion in Women's Category                         |
| 6) Weight Catego                            | ry   |   |
|   |  | henot   |
| Principal Director<br>(Host Institution)    | MU Sports Committee  | Dean of Students' Welfare<br>Manipur University |
| JCRE GLOBAL COLLEGE<br>Imphal, Manipur.     | SECRETARY  | STUDENTS' WELFARE                               |

MU SPORTS COMMITTEE

| 5 Dec,2023 | Manipur University Inter-College<br>Power Lifting and Weight Lifting<br>Championship/ Gold Medal | Individual | University | Sports | K.Chinglenkhomba<br>Meitei |
|------------|--|------------|------------|--------|----------------------------|
|------------|--|------------|------------|--------|----------------------------|



|            | Manipur University Inter-College |            |            |        |                  |
|------------|----------------------------------|------------|------------|--------|------------------|
| 5 Dec,2023 | Power Lifting and Weight Lifting | Individual | University | Sports | L.Prashant Singh |
|            | Championship/ Gold Medal         |            |            |        |                  |





### खेल से ही है पहचान

#### Khelo India Women's Kickboxing League

Date: 23-24 December 2023
Venue: Sports Pavilion, University of Mysore, Mysore

## **Certificate of Merit/Participation**

# OCEAN HUIDROM This is to certify that Ms. BANGALORE(BANGALORE) Trom 1 . PLACE nas secured/ Participated 03 KL 092 S F -55KG Event/Weight/Category

Representative Organising entity

Santosh Kumar Agrawai
President - WAKO India Kickboxing Federation\*

Ekta Vishnoi Deputy Director General, SA