

REGIONAL COLLEGE



COLLEGE

LILONG CHAJING (IMPHAL-WEST), MANIPUR
(Permanently affiliated to M.U. Included in 2(f) & 12(b) of U.G.C.Act.)

5.1.2:

Report of event/ Scheme/ Particular programme



LILONG CHAJING (IMPHAL-WEST), MANIPUR
(Permanently affiliated to M.U. Included in 2(f) &12(b) of U.G.C.Act.)

ACADEMIC YEAR (2018-19)

Year	Name of the capacity development and skills enhancement program	Period (from date - to date)	Number of students enrolled	Name of the agencies/experts involved with contact details (if any)
2019	Basic Computer Application	9-18, April 2019	6	Diana Computer Centre, Sagolband, Manipur
	10 Days Martial Arts Training on Thang -Ta	4-13, Feb 2019	7	Preservation of Manipuri Martial Arts & Cultural Research Centre

Shivachand
Co-ordinator
IQAC
Regional College
Lilong, Imphal West.

Dr. J.C. Meitei
Principal
Regional College
Lilong (IW) Manipur

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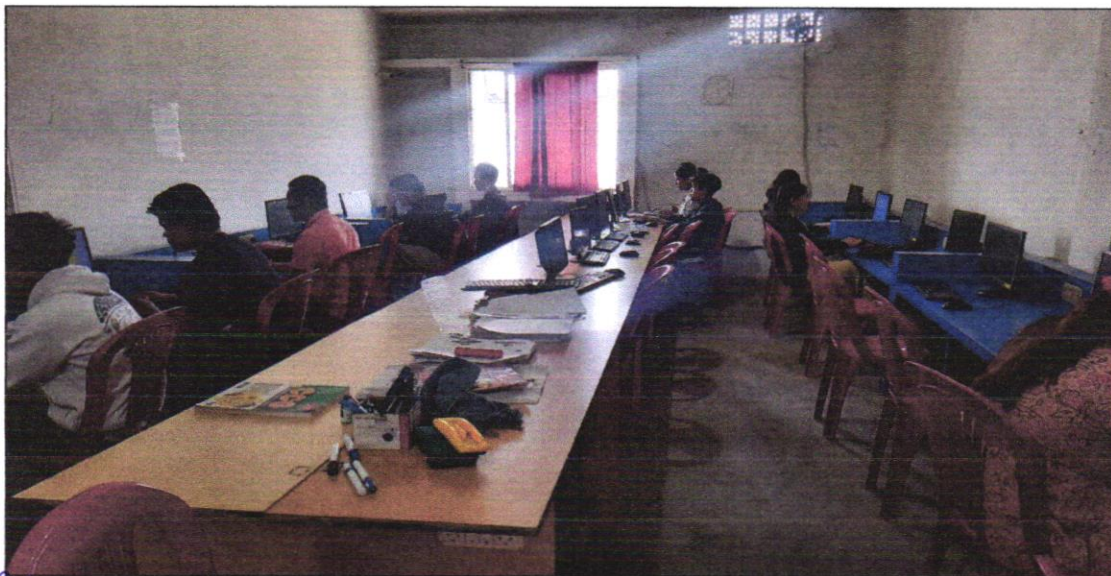
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LILONG CHAJING (IMPHAL-WEST), MANIPUR
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Report with Photograph on ICT/Computing Skills enhancement Programs
(Basic Computer Applications)

A ten-day training program on the topic “Basic Computer Application was successfully conducted at Diana Computer Centre, Sagolband Tera N.C. Road, Imphal West, with the active participation of six students of Regional College Lilong Chajing. The program was conducted from 9th – 18th April 2019. The students had hands on experience with Office Automation; the basics of Microsoft Word, Excel and Power Point. The participants of the program include B.A. and B.Sc. students of I and II Semester and the students are listed below:

Wangkhem Donald Henery (B.Sc. I Sem)
Selina Laishram (B.Sc. I Sem)
Khundrakpam Sunny Singh (B.A. III Sem)
Chandam Victor Pakhangba (B.A. III Sem)
Soubam Phalguni Singh (B.Sc. III Sem)
Noarem Renson Singh (B.Sc. III Sem)



Students attending computer class at Diana Computer on 10th April 2019

Shivabest
Co-ordinator
IQAC
Regional College
Lilong, Imphal West.

D/c. M. Meentombi
Principal
Regional College
Lilong (IW) Manipur

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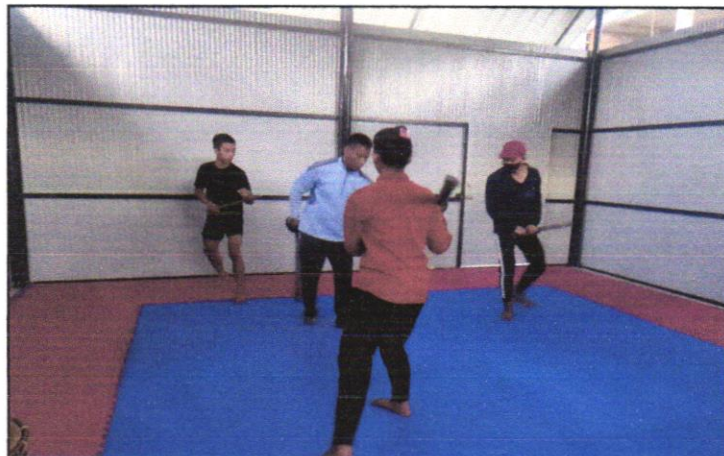
LILONG CHAJING (IMPHAL-WEST), MANIPUR
(Permanently affiliated to M.U. Included in 2(f) & 12(b) of U.G.C.Act.)

**Report with Photograph on Programs/ activities conducted to enhance soft skills,
Language and communication skills, and Life skills**

(Thang-Ta from 4th – 13th February 2019):

A ten-day Martial Arts Training program on Thang-Ta under the guidance of Kh. Deepak of Preservation of Manipuri Martial Arts & Cultural Research Centre was organized with active participation of seven students of Regional College, Lilong Chajing. The training was held for ten days from 4th – 13th February 2019. The students had hands on experience with martial arts, and got a chance to learn the skills of the same. The participants of the training include B.A. II, IV and V Semester students and they are listed below:

- Reshmi Nameirakpam (B.A. 2ndSem)
- Laishom Pusparani (B.A. 2ndSem)
- Hitesh Wangkheimayum (B.A. 2ndSem)
- Ningthoujam Tiger Meitei (B.A. 2ndSem)
- Kshetrimayum Honise Singh (B.A. 4thSem)
- Urikhinbam Zemok Singh (B.A. 4thSem)
- Sagolsem Ranthoiba Ningthouja (B.A. 5thSem)



Students Practicing Thang-Ta with the instructor on 6th February 2019

Principal
Co-ordinator
IQAC
Regional College
Lilong, Imphal West.

Dr. M. Mersombi
Principal
Regional College
Lilong (I/W) Manipur



LILONG CHAJING (IMPHAL-WEST), MANIPUR
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ACADEMIC YEAR (2019-20)

Year	Name of the capacity development and skills enhancement program	Period (from date - to date)	Number of students enrolled	Name of the agencies/experts involved with contact details (if any)
2020	Fundamentals of Computer Application	15-24, Dec 2020	6	Diana Computer Centre, Sagolband, Manipur
	10 Days Martial Arts Training on Thang -Ta	7-16, Feb 2020	7	Preservation of Manipuri Martial Arts & Cultural Research Centre

Privadeth
Co-ordinator
IQAC
Regional College
Lilong, Imphal West.

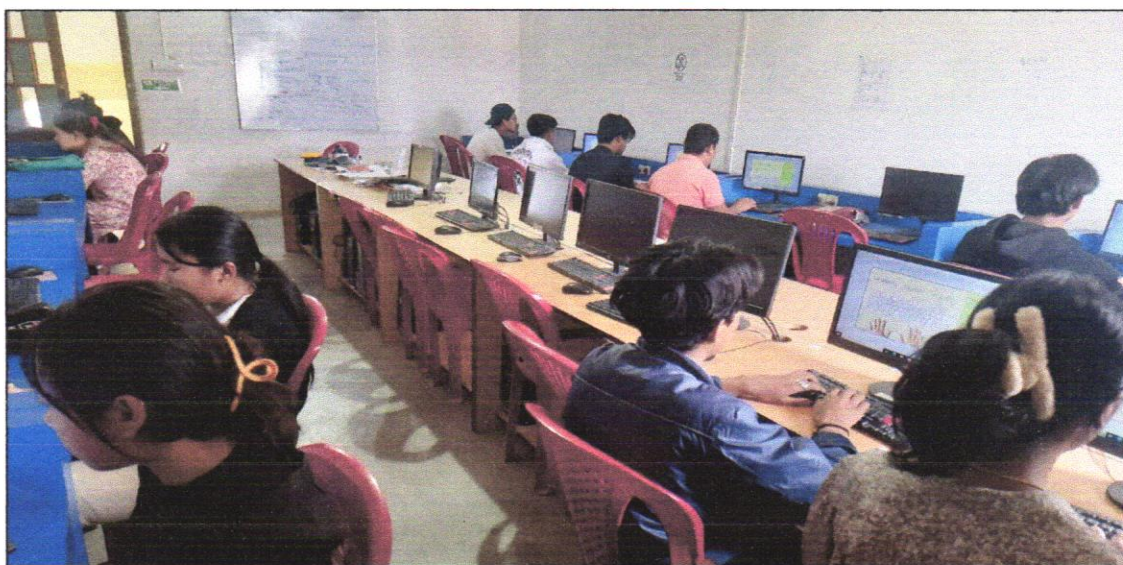
Dr. M. Mazonbani
Principal
Regional College
Lilong (I/W) Manipur

Report with Photograph on ICT/Computing Skills enhancement Programs

(Fundamentals of Computer Application)

A ten-day training program on the topic “Fundamentals of Computer Application was successfully conducted at Diana Computer Centre, Sagolband Tera N.C. Road, Imphal West, with the active participation of six students of Regional College Lilong Chajing. The program was conducted from 15th – 24th December 2020. The students had hands on experience with fundamentals of Office Automation, Photoshop etc. The participants of the program include B.A. and B.Sc. students of II and VI Semester and the students are listed below:

Karam Tondon Singh (B.Sc. VI Sem)
Nikhil Lourembam (B.Sc. VI Sem)
Nihash Sinam Meitei (B.A VI Sem)
Yengkhom Delta Chanu (B.A II Sem)
Daina Khangembam (B.Sc. II Sem)
Kshetrimayum Arjun Singh (B.Sc. II Sem)



Students attending a-ten day training program on the topic “Fundamentals of Computer Application on
17th December 2020

Principal
Co-ordinator
IQAC
Regional College
Lilong, Imphal West.

Dr. M. Mombembe
Principal
Regional College
Lilong (NW) Manipur

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**Report with Photograph on Programs/ activities conducted to enhance soft skills,
Language and communication skills, and Life skills**

(Thang-Ta from 7th – 16th February 2020)

A ten-day Martial Arts Training program on Thang-Ta under the guidance of Kh. Deepak of Preservation of Manipuri Martial Arts & Cultural Research Centre was organised with active participation of seven students of Regional College, Lilong Chajing. The training was held for ten days from 7th – 16th February 2020. The students had hands on experience with martial arts, and got a chance to learn the skills of the same. The participants of the training include B.A. II, IV and V Semester students and they are listed below:

Karam Inoki Singh (B.Sc.VI Sem)
Durgesh Phurailatpam (B.A.VI Sem)
Leeken Wagkhem (B.A. II Sem)
Sorokhaibam Milan Singh (B.A. II Sem)
Valentina Lourebam (B.A. II Sem)
Linda Maibam (B.Sc. II Sem)
Naorem Maherjit Singh (B.A. IV Sem)



Students performing Thang-Ta on the 10th of February 2020 as part of the ten-day Martial Arts Training program on Thang-Ta

Princedut
Co-ordinator
IQAC
Regional College
Lilong, Imphal West.

Dr. M. Mambombi Devi
Principal
Regional College
Lilong (I/W) Manipur



LILONG CHAJING (IMPHAL-WEST), MANIPUR
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ACADEMIC YEAR (2020-21)

Year	Name of the capacity development and skills enhancement program	Period (from date - to date)	Number of students enrolled	Name of the agencies/experts involved with contact details (if any)
2021	NIL	NIL	NIL	NIL

* Due to COVID-19, no activities were carried out.

[Signature]
Co-ordinator
IQAC
Regional College
Lilong, Imphal West.

[Signature]
Dr. M. Membarbi
Principal
Regional College
Lilong (I/W) Manipur

**Report with Photograph on Programs/ activities conducted to enhance soft skills,
Language and communication skills, and Life skills**

(Yoga)

A seven day Yoga camp was organized in the premises of Regional College, Lilong Chajing from 15th to 22nd February, 2022 with a firm motive to stay healthy and fit. Forty five students participated the camp under the guidance of Dr. Mukta Singh, Assistant Professor Manipur International University.



Students meditating on 19th February 2022 during the seven day Yoga Camp

Shivadatta
Co-ordinator
IQAC
Regional College
Lilong, Imphal West

Dr. M. Mambombé
Principal
Regional College
Lilong (I/W) Manipur



LILONG CHAJING (IMPHAL-WEST), MANIPUR
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ACADEMIC YEAR (2022-23)

Year	Name of the capacity development and skills enhancement program	Period (from date - to date)	Number of students enrolled	Name of the agencies/experts involved with contact details (if any)
2023	One Day workshop on ICT	4th Feb 2023	10	Department of Computer Science, Regional College
	10 Days Martial Arts Training on Thang -Ta	9-18 March ,2023	7	Preservation of Manipuri Martial Arts & Cultural Research Centre
	A one-day Seminar on Spoken English	24th April, 2023	77	Department of English, Regional College

Shindeth
Co-ordinator
IQAC
Regional College
Lilong, Imphal West.

Dr. M. Meizon Zombi
Principal
Regional College
Lilong (IW) Manipur

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Report with Photograph on ICT/Computing Skills enhancement Programs
(Information and Communication Technology)

A one-day workshop on Information and Communication Technology (ICT) was organized at the Regional College premises on the 4th of February 2023. It aims to explore the innovative applications of Information and Communication Technology (ICT) in fostering sustainable development and digital transformation. Participants were engaged in interactive sessions, discussions, and hands-on activities designed to showcase how technology can be harnessed to create a more connected and sustainable future.

The Workshop began at 11:00 am with the active participation of the teachers, students and non-teaching staff. The workshop successfully brought together over 50 participants. The sessions highlighted the critical role of technology in driving sustainable development and featured insightful discussions on smart cities, environmental sustainability, and digital workplaces.



Principal
Co-ordinator
IQAC
Regional College
Lilong, Imphal West.

Dr. M. Meantombé Shi
Principal
Regional College
Lilong (IW) Manipur

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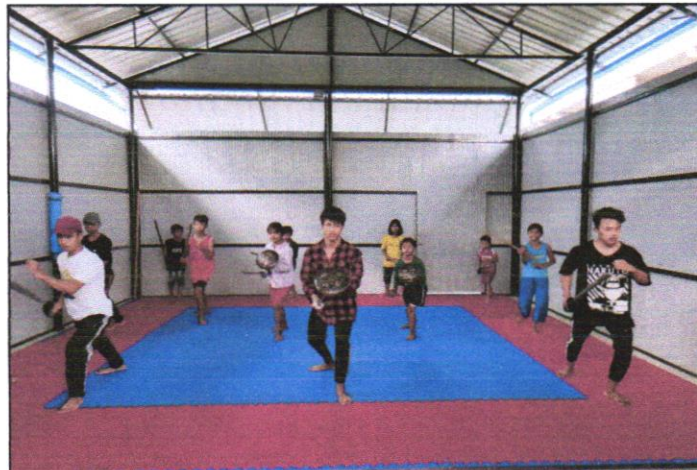
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**Report with Photograph on Programs/ activities conducted to enhance soft skills,
Language and communication skills, and Life skills**
(Thang-Ta from 9th – 18th March 2023)

A ten-day Martial Arts Training program on Thang-Ta under the guidance of Kh. Deepak of Preservation of Manipuri Martial Arts & Cultural Research Centre was organised with active participation of seven students of Regional College, Lilong Chajing. The training was held for ten days from 9th – 18th March 2023. The students had hands on experience with martial arts, and got a chance to learn the skills of the same. The participants of the training include B.A. II, and III Semester students and they are listed below:

Thounaojam Kellemba Meitei (B.A. III Sem)
Wahengbam Chaoba Meitei (B.A. III Sem)
Sougrakpam Japan Singh (B. Sc. II Sem)
Lovejoy Luwangcha (B.A. II Sem)
Yumnam Pari Moramba (B.A. II Sem)
Ngangbam Pacha Singh (B.A. II Sem)
Tongbram Christopher Singh (B.A. II Sem)



Students practicing thang-Ta on 10th March 2023

Principal
Co-ordinator
IQAC
Regional College
Lilong, Imphal West.

Dr. M. M. Moramba
Principal
Regional College
Lilong (I/W) Manipur

**Report with Photograph on Programs/ activities conducted to enhance soft skills,
Language and communication skills, and Life skills**

(One-day Seminar on Spoken English)

A Seminar on Spoken English was organized by the Department of English on 24th April 2023 with the theme 'English as a Lingua Franca'. All the teachers and students of the English Department attended the event. There were 6 student paper presenters. The audience encompasses the teachers and the students of other departments too. Dr. M. Memtombi Devi, Principal, Yumnam Sunil, secretary of the governing body and Dr. K Amita Devi, Head of, Geography Department were the dignitaries of the event.

Dr. A Meenee Devi, HOD, English Department took the initiative to deliver a brief speech on the significance of the English language, a global language, its benefits and weaknesses. The event was concluded with a vote of thanks by Dr Thounaojam Thajamanbi Devi, Assistant Professor, Department of English. It had been a successful event as it was conducted with the support of the Principal of the college; the teachers and students of the host department.



Prisindutt
Co-ordinator
ICAC
Regional College
Lilong, Imphal West

A group photo of teachers with paper presenters and participants on 24th April 2023

Dr. M. Memtombi Devi
Principal
Regional College
Lilong (I/W) Manipur