

LILONG CHAJING (IMPHAL-WEST) MANIPUR. (Permanently affiliated to M.U. Included in 2(f) &12(b) of U.G.C.Act.)

Ref. no. RC/WS/SEM/PROG/02

Date: 30th January 2023

NOTICE

It is hereby to inform that Computer Science Department is conducting a one-day workshop on Information and Communication Technology (ICT), scheduled to be held on 4th February 2023. This workshop aims to provide participants with comprehensive insights into the latest advancements and applications in ICT.

So, students and faculty are requested to participate in this workshop. Please contact the concerned department for further details.

Dr. M. Meson toonbe der

(Dr. M. Memtombi Devi) Principal Regional College Lilong Chajing, Imphal West, Manipur

> Principal > Regional College Lillong (I/W) Manipur

Action Taken Report (ATR)

College Name: Regional College, Lilong Chajing

Workshop Name	Informatio	n and Communication Technolo	gy(ICT)
Workshop Date		4th February, 2023	
Theme of the Workshop	"Tech for T	Fomorrow: Innovate, Connect, S	Sustain!"
Total Days of Workshop		1 day	
The Number of Students	MALE	FEMALE	TOTAL
Participating in the program	19	п	30
Number of Faculty & Staff who	TEACHING	NON-TEACHING	TOTAL
participated in the program	30	7	37
Location	Semi	nar Hall, Regional College, Lilo	ong
Description of the Workshop	and Communication Techn digital transformation. Parti	as to explore the innovative app ology (ICT) in fostering sustain cipants will engage in interactiv gned to showcase how technolo d sustainable future.	able development and ve sessions, discussions
Plan of action	Promote the workshop, f collect fe	finalize logistics and agenda, how eedback, and compile an action is	st interactive sessions, report.
Action Report	students and non-teaching s 50 participants . The session	00 am with the active participat taff. The workshop successfully ns highlighted the critical role of d featured insightful discussions y, and digital workplaces.	brought together over f technology in driving



Outcome/Impact of the activity	The workshop enhanced participants' knowledge of ICT innovations for sustainable development, provided practical skills through hands-on sessions, and facilitated networking with industry experts. Key outcomes included actionable insights for environmental sustainability, smart cities, and digital workplaces, along with valuable feedback for future improvements.
Feedback	Participants appreciated the rich content and networking opportunities, suggesting a few enhancements for future workshops to make them even more impactful.
Workshop photos	<complex-block></complex-block>
Future Perspective	Plan to expand the workshop with more in-depth sessions, extended Q&A, and additional hands-on activities to keep pace with evolving ICT trends and sustainability needs.
Report Submitted by	Department of Computer Science, Regional College Lilong Chajing, Imphal West, Manipur

Dr. N. Memberbe du



LILONG CHAJING (IMPHAL-WEST) MANIPUR. (Permanently affiliated to M.U. Included in 2(f) &12(b) of U.G.C.Act.)

Ref. no. RC/WS/SEM/PROG/03

Date: 6th February 2023.

NOTICE

It is hereby notified that a One Day National Seminar on "Catch the Rain: Rain Water Harvesting - 2023" organised by Department of Biotechnology and Manipuri, Regional College will be held on 18th February 2023.

All students and faculty members are encouraged to attend and actively participate in this important seminar.

Dre. M. Memfombe Devi' (Dr. M. Memtombi Devi)

(Dr. M. Memtombi Devi) Principal Regional College Lilong Chajing, Imphal West, Manipur

Regional College

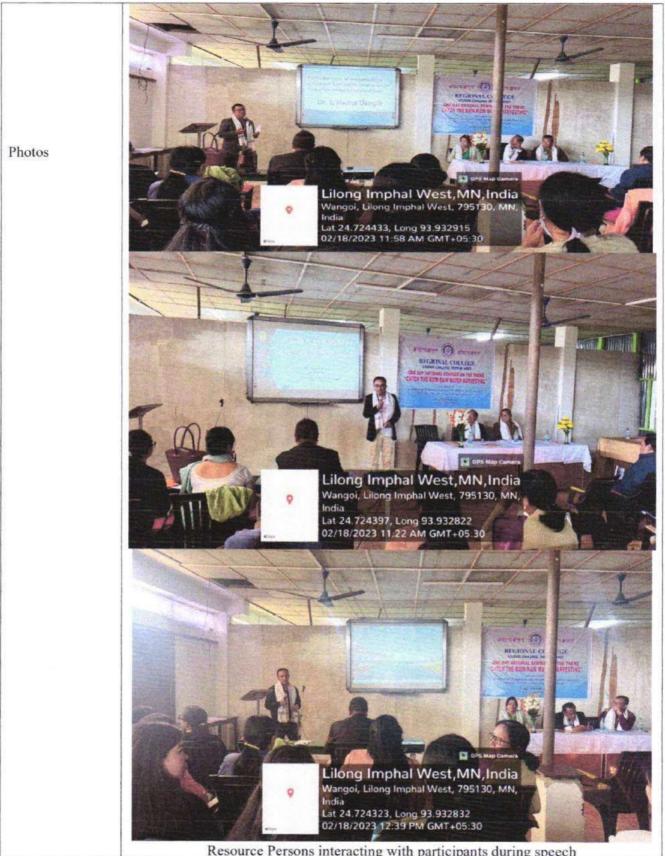
College Name	Action Taken Report (ATR) on Seminar Regional College Lilong, Imphal West Manipur
Event Overview	
A CONTRACTOR OF	Strate were reserved in a state of the second of the second
Event Name	One Day National Seminar on "Catch the Rain: Rain Water Harvesting"
Event Date	18.02.2023
Event Description	Mr. A Roman Singh, Assistant Professor Economics Department, Regional College took the initiative of welcoming all the dignitaries, resource persons and all the participants for the function. Mrs. M Basanti Singha, Assistant Professor Manipuri Department, Regional College highlighted the importance of collective thoughts in order to bring a change on changing patter of climatic changes and why we need rain water harvesting at household level as a keynot speaker of the function.
	On the inaugural session, Sri <i>N.Joykumar Singh</i> , Vice Chairman, Governing Body, Regional College of participated as Chief Guest. In his Chief guest address, he emphasized the role of every individual in conservation of environment and advised for sustainable development specially in the field of Rain water Harvesting. Mr. <i>Y Sunil Singh</i> , Secretary Governing Body, Regional College, the Guest of Honour of the function reminded the assembled participant about how our ancestors use to conserve and harvest the rain water in traditional ways without large expenditure. He further narrated that the need of conservation of rain water is indeed necessary and crucial in order to overcome our present shortage of water. <i>Dr.M Memtombi Dev</i> Principal, Regional College, Lilong presided over the function.
	Mr. N Herojit Singh, Senior Geologist, Geological Survey of India, Imphal Office, spoke of Geological aspects of Rain Water Harvesting as a Resource Person. Another resource person Dr.L Kanta Singh from KVK Imphal West, ICAR Research Complex for NE Region, Manipu spoke on Different types of recommended rainwater harvesting structures for irrigation under local conditions. Er.Gunajit Oinam from KVK Imphal East, Andro our last resource person spoke on rain water harvesting and its efficient utilization to mitigate impact of climatic change
	Ksh.Surnalata Devi, Assistant Professor, Manipuri Department from T.S Paul Manipu Women's College participated and spoke on topic: Need for Rain water harvesting. Dr. Kakchingtabam Amita Devi, Hod, Geography Department, Regional College participated and spoke on topic: Rain Water Harvesting-A Boon to Humankind. Dr. Yumnam Ibetombi Devi, Assistant Professor, Department of Philosophy Regional College, participated and spoke on topic: Importance of Rain Water Harvesting i
	Rural and Urban Areas. N.Sanahanbi Devi, Assistant Professor, Home Science Department, Regional Colleg participated and spoke on topic: Rain Water Harvesting.
	Dr. Ksh Ranjita Devi, Assistant Professor, Department of Education Regional College, participated and spoke on topic: Rainwater Harvesting in Rural Areas in Manipur.
	Dr. Chingtham Santiradha Devi, Assistant Professor, Department of Zoology, Regional Colleg participated and spoke on topic: Importance of Rainwater Harvesting for Agriculture, Livestoc and Aquaculture.
	Dr.Sorokhaibam Dhanapati Devi, Assistant Professor, Department of Economics, Regiona College participated and spoke on topic: Rain Water Harvesting for Sustainable Development
	Miss.Wangkheimayum Dhanapti, Assistant Professor, Department of Geography, participate and spoke on topic: Rainwater Harvesting Challenges, Problems and Future Aspects in Manipu Mr.Chingsubam Meerathaba Meetei, Assistant Professor, Department of Sociology, participate and spoke on topic: Why Does the World Need to Harvest Rain Water?-A Sociologica Overview with Special Reference to The Case of Manipur.

Dre. M. Dice toorbe devi Principal college Chegional College Litong UNI Manipur

	Dr.Y Romila Devi, Assistant Profess The entire programme was co-or department of Manipuri and Biotech	dinated with the support of	the Principal, faculties o
Total Days of Event	One (1)		
Participants'	Male	Female	Total
Details	23	75	98
Location Plan of action	Seminar Hall, Region Department of Manipuri and Dep	al College, Lilong, Imphal W	the second s
	organise the seminar in order to organise the seminar in order to organise the seminar in order to organise the scenario of shortage of wimportance of Rain Water Harve climate pattern across the world. some regions suffering with usual incessant rain. Rain hit regions a leads to flood-like situation. Rain flood, while also helping in storig water scarce region. This renewad overcoming major water-related now but can have a severe impact future. Considering the relevance by the organising Departments.	ater in the state of Manipur d sting. The global warming is Rains have become unpredict I than longer dry spells, while re unable to utilise or control water harvesting can help ov- ng excess water that can help ble source of water managem problems, that are not only pl t on the global population and	ue to negligence of taking its toll on the table in nature with e some regions are hit by the excess waters, that ercome the problem of in providing water to the ent can help in aguing the world right d environment in the
Action Report	A One Day National Seminar on the conducted on 18 th February 2023 at Manipur in order to spread the impo- organised by Department of Manipu West, Manipur	Seminar Hall, Regional College rtance of rain water harvesting.	e, Lilong, Imphal West, This seminar has been
Outcomes/Impact of the activity	The entire session was an interactive by the participants. The participants agreed on the for Water Harvesting: Rainwater harvesting has been ad conservation, and is a "Green Pra rooftops or other hard surfaces al off. This method of water conser groundwater and compensates for	llowings points regarding the celaimed as an exemplary met actice". It involves the collect pove the ground level prior to vation indirectly supports the	Catch the Rain: Rain thod of water ion of rainwater from its loss as surface run- replenishment of
Feedback	Participants found the seminar to The topic was also suggested to l scarcity in the state of Manipur. The techniques highlighted by th was found to be very interactive	be very relevant with the press e resource persons regarding	ent scenario of the water rain water harvesting

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Dr. N. Meontombe Dr. Regional College Liliong (INV) Manipur



Resource Persons interacting with participants during speech

Dre. M. Mean tombe official Principal Regional College Litong (INV) Manipur Litong (INV) Manipur



Dr. M. Nemtonbe Bregional College Lilong INV) Manipur



Dit. M. Meantombe Duy' Principal Regional College Lilong (INV) Manipur

Regd.No.264 (Imphal) 1986 Website :www.regionalcollege.ac.in E-mail: principalregionalcollege@gmail.com



LILONG CHAJING (IMPHAL-WEST), MANIPUR (Permanently affiliated to M.U. Included in 2(f) &12(b) of U.G.C.Act.)

Ref. no. RC/WS/SEM/PROG/05

NOTICE 22nd April 2023

All teachers and students are hereby informed that the Department of English is hosting a One Day Seminar on the topic "Spoken English" on the 24th of April 2023 in the College Seminar Hall at 11:00 am. All are requested to reach the college on time and participate in the event.

Dr. M. Membersbe Der, (Dr. M Memtombi Devi) Principal, Regional College Lilong Chajing

Principal > Regional College Lliong (I/W) Manipur

ATR Format

College Name: Regional College, Liliong Chajing

Event Name	O	ne Day Seminar on Spoken English	
Event Date		24 th April 2023	
Theme of the Event		English as a Lingua Franca	
Total Days of Event		1 day	
The Number of Students	MALE	FEMALE	TOTAL
Participating in the program	28	27	55
Number of Faculty & Staff	TEACHING	NON-TEACHING	TOTAL
who participated in the program	20	02	22
Location	Ser	ninar Hall, Regional College, Lilong	
Event Description	college. Lenin Khoisanam, Assista address followed by a Keynote by the speeches of the dignitaries. The of English and 77 participants. Dr. A Meenee Devi, HOD, Engli significance of the English langua concluded with a vote of than Department of English. It had bea	Spoken English" began at 11:00 ar ant Professor of the Department of E Basanta Maibam, Assistant Professo re were 6 paper presenters and all of sh Department took the initiative to ge, a global language,its benefits an ks by Dr Thounaojam Thajamanb en a successful event as it was cond rs and students of the host departmen	nglish delivered the welcome r, Department of English; and them are from the Department deliver a brief speech on the d weaknesses. The event was i Devi, Assistant Professor, ucted with the support of the
Plan of action	Awarenes	s of the importance of the English lan	guage
Action Report	2023 with the theme 'English as a I attended the event. There were 6 pape the students of other departments too. Dr. M. Memtombi Devi, Principal, Yu	oken English was organized by the Dep- ingua Franca'. All the teachers and stu r presenters from the students. The audier mnam Sunil, secretary of the governing be	idents of the English Department nee encompasses the teachers and
Outcome/ Impact of the Activity		sion. From the question-and-answer s insights and thought-provoking ideas	

DR. M. Meantombe Regional College

Feedback	The participant found the seminar to be very interesting and informative. The topic and the them also very relevant in the modern world.
Event photo	

Drc. M. Mezor tombi Regional College



LILONG CHAJING (IMPHAL-WEST) MANIPUR. (Permanently affiliated to M.U. Included in 2(f) &12(b) of U.G.C.Act.)

Ref. no. RC/WS/SEM/PROG/04

Date: 24th February 2023

NOTICE

It is hereby notified that a Global Science and Global Wellbeing, organised by Department of Physics, Regional College will be held on 28th February 2023.

All students are encouraged to attend and gain valuable insights into their future career opportunities.

DR. M. Memtombe Dig

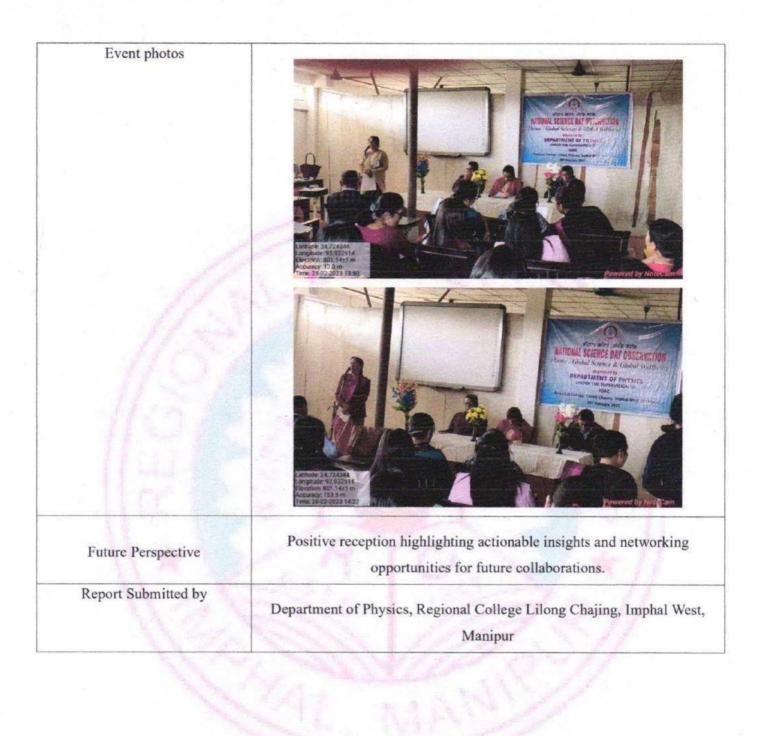
(Dr. M. Memtombi Devi) Principal Regional College Lilong Chajing, Imphal West, Manipur Principal Regional College Lilong (I/W) Manipur

ATR(Action taken report) College Name: Regional College, Lilong Chajing

EVENT OVERVIEW

Event Name	Science Day Obser	vation: Global Science and	Global Wellbeing
Event Date		28th February, 2023	
Theme of the Event	"Science for glob	al well-being: Innovate, insp	oire, transform."
Total Days of Event		1 day	
The Number of Students	MALE	FEMALE	TOTAL
Participating in the program	10	5	15
Number of Faculty & Staff who	TEACHING	NON-TEACHING	TOTAL
participated in the program	15	5	20
Location	Semin	ar Hall, Regional College, L	ilong
Description of the event	universal well-being, e	ng experts to advance scienc mphasizing collaborative imp nerships for sustainable impa	novation and strategic
Plan of action		change, foster partnerships, global challenges in health technology.	
Action Report	made in leveraging sc	nmendations, and outcomes ience for global well-beir future steps for sustained im	ng, with emphasis or
Outcome/Impact of the activity	Enhanced global hea collaborative scientific in	alth and environmental nitiatives.	sustainability through









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Ref. no. RC/WS/SEM/PROG/05

Date: 17th April 2023.

NOTICE

It is hereby notified that a One Day National Seminar on "Biodiversity of Flora and Fauna of Manipur" organised by Department of Botany ,Chemistry and Zoology, Regional College will be held on 28th April 2023.

All students and faculty members are requested to attend and actively participate in this seminar.

Dr. M. Memtombe Levi (Dr. M. Memtombi Devi)

(Dr. M. Memtombi Devi) Principal Regional College Lilong Chajing, Imphal West, Manipur

Regional College

ATR(Action taken report)

College Name: Regional College, Lilong Chajing

Seminar Name	National Seminar of	n Biodiversity of Flora and F	auna of Manipur
Seminar Date	100	28th April 2023	
Theme of the Seminar	"Exploring Manipur's Ri	ch Biodiversity: Flora and Fa	una in Focus."
Total Days of Seminar		l day	
The Number of Students	MALE	FEMALE	TOTAL
Participating in the program	10	10	20
Number of Faculty & Staff	TEACHING	NON-TEACHING	TOTAL
who participated in the program	22	3	25
Location	Semin	ar Hall, Regional College, Li	long
Description of the Seminar	and the second	wcase and discuss the divers onservation challenges, oppor	
Plan of action	networks, secure a venue	Manipur's biodiversity through e, arrange equipment, and inv anel discussions to explore co ment.	vite experts for
Action Report	students and non-teach	:00 am with the active partic ning staff. The seminar so Manipur's biodiversity, emp y involvement.	uccessfully convened
Outcome/Impact of the activity		enhanced awareness, knowle ations for future biodiversity	

Dre Drencipal Regional College Liong (INN) Manipur

Feedback	Participants praised the seminar for its informative discussions on Manipur's biodiversity and suggested increased focus on practical conservation initiatives and community involvement.
Future Perspective	The seminar aims to foster continued collaboration among stakeholders, advance biodiversity research, and advocate for sustainable conservation practices in Manipur.
Report Submitted by	Department of Botany, Regional College Lilong Chajing, Imphal West, Manipur

Dr. M. Memtombe Ry Regional College



Department of Botany, Chemistry and Zoology, Regional College, Lilong, Manipur In Collaboration with IQAC, Regional College VENUE: SEMINAR HALL, REGIONAL COLLEGE, LILONG, IMPHAL WEST, MANIPUR

THEME:

BIODIVERSITY OF FLORA AND FAUNA OF MANIPUR

SUB-THEMES:

- 1. BIOPROSPECTING
- 2. CONSERVATION OF BIODIVERSITY
- 3. MEDICINAL AND AROMATIC PLANTS
- 4. ENVIRONMENTAL POLLUTION
- 5. HUMAN IMPACT ON BIODIVERSITY LOSS
- 6. RED DATA LIST OF FLORA AND FAUNA OF MANIPUR

Chairperson: Principal, Regional College Convener: Dr. Yumnam Sushila Devi, HoD, Dept. of Botany Co-Convener: RK Prabina Devi, HoD, Dept. of Zoology

Resource Persons

Dr. Thangjam Surchandra Singh Asst. Prof. Dept. of Biotechnology T.S. Paul Manipur Women College Mongsangei, Imphal West - 795003, Manipur

Dr. Huidrom Sunitibala Devi Scientist-E, Plant Bioresources Division Institute of Bioresources and Sustainable Development (IBSD) (An autonomous institute under Department of Biotechnology, Ministry of Science & Technology, Govt. of India) Takyelpat, Imphal, Manipur- 795001 (India)

IMPORTANT DATES

Abstract: Maximum 150-200 words and 5-6 keywords Submission: email to <u>oinamavijeet81@gmail.com</u> Last Date of Abstract Submission: 26th April, 2023 Acceptance of Abstract: 27th April, 2023 Contact Details Dr. Oinam Avijeet Singh Dept. of Botany, Regional College Lilong, Imphal West-795130, Manipur (M):+917085394377/8787494860 E-mail:oinamavijeet81@gmail.com

ABOUT THE SEMINAR

The State of Manipur forms part of the Global Biodiversity Hotspots. Of the two Hotspots areas in the North Eastern region of India---Eastern Himalayan Biodiversity and Indo-Burma Biodiversity Hotspots, the State of Manipur belongs to Indo-Burma Biodiversity Hotspot and she is richly endowed with diverse floral and faunal species in diverse ecosystems. Manipur's diverse ecosystems include tropical forest, sub-alpine and temperate forests, over 4,000 angiosperm species, 430 medicinal plants, 34 edible fungi species, 500 orchid species, 55 bamboo species, 40 endemic rice cultivars, 160 fish species and 21 migratory aquatic birds among many others. However, the state's rich biodiversity is facing degeneration. So, the main objective of the seminar is to highlight and educate on the impacts and conservation of the biodiversity in sustainable way.

Organizing Members

Kongbrailatpam Sushilkumar Sharma, Asst. Prof. , Dept. of Zoology

Dr. Chingtham Santiradha Devi, Asst. Prof., Dept. of Zoology Oinam Inaocha Singh, Asst. Prof., Dept. of Chemistry Dr. Naorem Sobita Devi, Asst. Prof., Dept. of Zoology Laimayum Ashasony Devi, Asst. Prof., Dept. of Botany Oinam Inaomacha Meitei, Asst. Prof., Dept. of Botany Dr. Phurailatpam Apsara Devi, Asst. Prof., Dept. of Botany Dr. Oinam Avijeet Singh, Asst. Prof., Dept. of Botany Dr. Thokchom Tarnita Devi, Asst. Prof., Dept. of Zoology

REGISTRATION:

Mandatory for presenter and participants to submit dully filled online registration with payment of registration fee Registration online link: https://forms.gle/JDLgfC5sbWFkLgMD7 REGISTRATION FEE Academician/Faculty: ₹1000.00 Research Scholar: ₹800.00 Online Payment

GPay: 7085394377 (Please upload screen shot along with online registration form) Offline payment: Dept. of Botany, Regional College Regd.No.264 (Imphal) 1986 Phone :0385-2432044 Fax :0385-243208 Email:principalregionalcollege@gmail.com



Lilong (Imphal West) MANIPUR. (Permanently affiliated to M.U.Included in 2(f) & 12(b) of U.G.C.Act.)

F. No.01/SEM/CBZ/2023 Dated 25th April, 2023

ORDER

The following committee is hereby constituted for smooth organization and conduct of the one day National seminar on Biodiversity of Flora and Fauna of Manipur to be held at Seminar Hall, Regional College, Lilong Chajing, Imphal West, Manipur on 28th April, 2023.

Dr. Yumnam Sushila Devi	Convener
RK Prabina Devi	Co-Convener
Kongbrailatpam Sushilkumar Sharma	Member
Dr. Chingtham Santiradha Devi	Member
Oinam Inaocha Singh	Member
Dr. Naorem Sobita Devi	Member
Laimayum Ashasony Devi	Member
Oinam Inaomacha Meitei	Member
Dr. Phurailatpam Apsara Devi	Member
Dr. Oinam Avijeet Singh	Member
Dr. Thokchom Tarnita Devi	Member

The Convener of the committee is hereby informed to prepare a draft plan of work and tentative budget requirement and submit the same to the undersigned at earliest.

DR. M. Merontombe Dey'

Dr. M. Memtombi Devi Principal Regional College Lilong (IW) Maninur

Dated 25th April 2023

Copy to: 1. Coordinator, IQAC 2. All concerned members

PROGRAM LIST

TIME

1:30 PM-3:30 PM

PROGRAMME

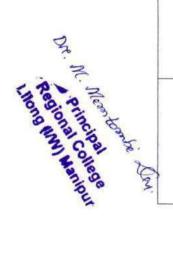
09:00-10:00 AM	Registration
10:00-10:10 AM	Arrival of the Guests
10:10-10:20 AM	Lighting of Inaugural lamp
10:20-10:25 AM	Welcome address by Dr. Y. Sushila Devi HoD, Botany
10:25-10:30 AM	Keynote address by O. Inaocha Singh, HoD, Chemistry
10:30-10:40 AM	Speech by Guest of Honour by Y. Sunil Singh, Secretary, GB Regional College
10:40-10:50AM	Speech by Chief Guest by N. Joykumar Singh
10:50AM-11:00AM	Speech by President by Dr. M. Memtombi Devi, Principal
11:00-11:10 AM	Vote of Thanks by R.K. Prabina Devi
11:10-11:30AM	TEA BREAK
	Technical Session-I
11:30-12:15PM	Moderator: S. Jinibala Devi, HoD, Physics
	Rapporteur: Oinam Inaomacha Meitei, Dept. of Chemistry
	Resource Person
	Dr. Thangjam Surchandra Singh
	Asst. Prof. Dept. of Biotechnology
	T.S. Paul Manipur Women College
12:15-01:00PM	
	Resource Person
	Dr. Huidrom Sunitibala Devi
	Scientist-E, Plant Bioresources Division, IBSD,
	Ministry of Science & Technology, Govt. of India
01:00PM-1:30 PM	DEEDESHMENT

REFRESHMENT TECHNICAL SESSION-II

Moderator: Hayed Ali Shah, HoD, Anthropology Rapporteur : K. Sushilkumar Sharma, Dept. of Zoology



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NAME	Dr. S.Dhanaoati	Dr. Seram Jinibala Devi	Dr. Soibam Biramani Singh	Th. Thoibi Devi
DESIGNATION	Asst. Prof	Asst prof	Asst. Prof	Asst. Prof
ADDRESS	Economics Dept. Regional College Lilong chajing, Imphal west, Manipur	Physics department Economics Dept. Regional College Lilong chajing, Imphal west, Manipur	Physics department Economics Dept. Regional College Lilong chajing, Imphal west, Manipur	Education department Economics Dept. Regional College Lilong chajing, Imphal west, Manipur
TYPE OF PARTICIPANT	Participant only	Participant only	Participant only	Participant only
CONTACT NO.	9615380974	8837355213	9612304618	9774259194
EMAIL	dhanapatisorok haibam@gmail. com		Soibambiraman i477@gmail.co m	
SIGNATURE	Jr.S. Joneph	Dr.S. Jimbala	Dr. Soiban	The that



REGISTRATION FOR ONE DAY NATIONAL SEMINAR ON BIODIVERSITY OF FLORA AND FAUNA OF MANIPUR

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N. Mangallima Etudent	Th. Thabi Devi	Dr. Soibam Biramani Singh	Dr. Seram Jinibala Devi	Dr. S.Dhanaoati	NAME
Student	Asst. Prof	Asst. Prof	Asst prof	Asst. Prof	DESIGNATION
B.S.c. 4th Sem Sub-Science	Education department Economics Dept. Regional College Lilong chajing, Imphal west, Manipur	Physics department Economics Dept. Regional College Lilong chajing, Imphal west, Manipur	Physics department Economics Dept. Regional College Lilong chajing, Imphal west, Manipur	Economics Dept. Regional College Lilong chajing, Imphai west, Manipur	ADDRESS
Participant	Participant only	Participant only	Participant only	Participant only	TYPE OF PARTICIPANT CONTACT NO.
430 430	9774259194	9612304618	8837355213	9615380974	CONTACT NO.
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REGISTRATION FOR ONE DAY NATIONAL SEMINAR

BIODIVERSITY OF FLORA AND FAUNA OF MANIPUR

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Tree plantation Programme





Botany department field trip



Physics department field trip



Manipuri department field trip

GPS Map Camera Kitna Panung, Manipur, India PWQM+8PM, Kitna Panung, Manipur 795009, India Lat 24.738362° Long 93.9343° 03/03/23 10:31 AM GMT +05:30

Google

Sociology department field trip



Computer practical class



Practical class of Education Department









Practical class of Chemistry Department



Practical class of Home Science Department





COVID-19 MASS AWARENESS CAMPAIGN ON THE THEME "UNITE TO FIGHT CORONA" ORGANISED BY NSS UNIT I&II ON $10^{\rm TH}$ APRIL, 2021



On June 2021 International Yoga Day was organized by NSS Unit 2







Van Mahotsav cum Tree plantation dated 6th July, 2021



National Cleanliness Campaign dated 30th September, 2021

COMMUNAL HARMONY DAY OCTOBER, 2021



COVID-19 VACCINATION PROGRAMME CONDUCTED BY ZONAL EDUCATION OFFICE, WANGOI IN ASSOCIATION WITH REGIONAL COLLEGE NSS UNIT-II





NATIONAL GIRL CHILD'S DAY



MASS TREE PLANTATION AT HEIBOK CHING ON 11TH AUGUST, 2022



7 DAYS SPECIAL CAMP ON THEME "OUR YOUTHS FOR FUTURE GENERATIONS"

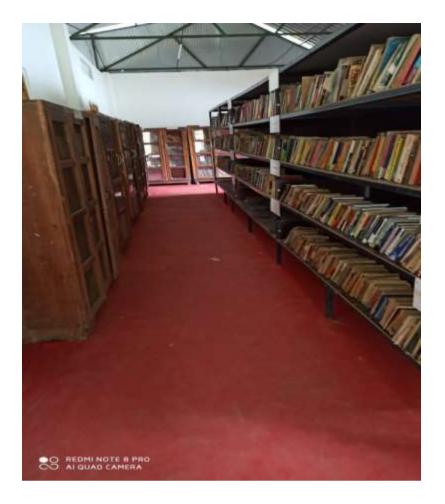




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10 days Martial Arts training programme 2019



Singjamel Wangma Torban Kahetri Leikai, Thiyam Leirak Machin Imphal East - 795001 - Marupur (IMDIA) Smail : deepakkhanachacham@ymail.com Pn. +91-8259009224 +91-862294734

PRESERVATION OF MANIPURI MARTIAL ARTS & CULTURAL RESEARCH CENTRE Regd. No. 552 of 1988

Ret. No 5/POMMACRE Date : 15, CERTIFICATE OF MERIT

This is to certify that the following students of **Regional College**, Lilong Chajing, Imphal West have completed a 10 days Martial Arts Training on Thang-Ta under the guidance of Kh.Deepak of **Preservation of Manipuri** Martial Arts & Cultural Research Centre from 4th to 13th February 2019.

1....

SI. No.	Name of Student	Class
1.	RESHMI NAMEIRAKPAM	B.A. 2 nd Sem
2.	LAISHOM PUSPARANI	B.A. 2nd Sem
3.	HITESH WANGKHEIMAYUM	B.A. 2nd Sem
4.	NINGTHOUJAM TIGER MEITEL	B.A. 2 nd Sem
5.	KSHETRIMAYUM HONISE SINGH	B.A. 4 ^m Sem
6.	URIKHINBAM ZEMÓK SINGH	B.A. 4 th Sem
7.	SAGOLSEM RANTHOIBA NINGTHOUJA	B.A. 5 th Sem

Preserval Sectre Educe Martial Arts & Cultural Research Centre, Manipur PRESERVATION OF MANIPURI MARTIAL ARTS & CULTURAL RESEARCH CENTRE

10 days Martial Arts training programme 2020

Singjamer Wangma Torban Kshetri Leikai, Thiyam Leirak Mactim il East - 795001 - Marvpur (INDIA) epakkhwiachaobamil®gmail.com Pn. +91-8259009224 52 +91-9862394734 PRESERVATION OF MANIPURI MARTIAL ARTS & CULTURAL RESEARCH CENTRE Regd. No. 552 of 1988 Date : 19/02/2020 IPC MMACRE Sec. 2020 Ret. No. It. ASTIAL CO Date ... CERTIFICATE OF MERIT

This is to certify that the following students of **Regional College**, Lilong Chajing, Imphal West have completed a 10 days Martial Arts Training on Thang-Ta under the guidance of Kh.Deepak of **Preservation of Manipuri Martial Arts & Cultural Research Centre** from 7th to 16th February 2020.

SL No.	Name of Student	Class
1.	KARAM INOKI SINGH	B.Sc. 6 th Sem
2.	DURGESH PHURAILATPAM	B.A. 6 th Sem
3.	LEEKEN WAGKHEM	B.A. 2 nd Sem
4.	SOROKHAIBAM MILAN SINGH	B.A. 2 nd Sem
5.	VALENTINA LOUREMBAM	B.A. 2 nd Sem
6.	LINDA MAIBAM	B.Sc. 2 nd Sem
7.	NAOREM MAHERJIT SINGH	B.A. 4 th Sem

(KH. DEEPAK)

Preservation of Manipuri Culture Research Centre, Manipur PRESERVATION OF MANIPURI MARTIAL ARTS

10 days Martial Arts training programme 2023

Singjamel Wangma Torban Kihetri Leukat, Thiyam Leirak Macbin Imptua East - 795001 - Manipar (IMDIA) Email : deepakkhanachaobam@igmeil.com Ph. + 91-8259009224 + 91-9862394734

PRESERVATION OF MANIPURI MARTIAL ARTS & CULTURAL RESEARCH CENTRE Regd. No. 552 of 1988

Ret. No. 18/10MMACRC Sey-23

Date : 20/00/2023

CERTIFICATE OF MERIT

ITTAL ARTS

This is to certify that the following students of **Regional College**, Lilong Chajing, Imphal West have completed a 10 days Martial Arts Training on Thang-Ta under the guidance of Kh.Deepak of **Preservation of Manipuri** Martial Arts & Cultural Research Centre from 9th to 18th March 2023.

SI. No.	Name of Student	Class
1.	THOUNAOJAM KELLEMBA MEITEI	B.A. 3 rd Sem
2.	WAHENGBAM CHAOBA MEITEI	B.A. 3 rd Sem
3.	SOUGRAKPAM JAPAN SINGH	B.Sc. 2 nd Sem
4.	LOVEJOY LUWANGCHA	B.A. 2 nd Sem
5.	YUMNAM PAREE MORAMBA	B.A. 2nd Sem
6.	NGANGBAM PACHA SINGH	B.A. 2nd Sem
7.	TONGBRAM CHRISTOPHER SINGH	B.A. 2 nd Sem

(KH. DEEPAK) Preservaliga of Manipur, Martial Arts & & Cultural Preserver Ontre, Manipur

PRESERVATION OF MANIPURI MARTIAL ARTS & CULTURAL RESEARCH CENTRE

SL No.	Year	Name of the award/ medal	Team/ Individual	University/State/ National/ International	Name of the student
1	14-Aug.,2019	Guinness World Records [The most one arm one leg push ups in one minute, (male) is 36]	Individual	International	Thounaojam Niranjoy Singh
2	29- Sept.,2019	Manipur University Inter-College Shooting M/W Championship/Bronze Medal	Individual	University	Y.Mamta Devi
3	03-Feb.,2020	Guinness World Records [The most one arm knuckle push ups in one minute,alternating arms (male) is 67]	Individual	International	Thounaojam Niranjoy Singh
4	8-9,Jan,2022	Kio North East Zone Karate Championship,2022/Bronze Medal	Individual	National	Jetlee Chabungbam
5	12-15, May.,2022	16th Governor's Taekwondo Cup, Manipur/Silver Medal	Individual	National	Jetlee Chabungbam
6	4-5, Aug,2022	State level Thang-Ta M/W Competition/ 3rd Position	Individual	State	Th. Arun Singh
7	26- 30,Aug,2022	2nd Manipur Olympic Games, 2022/Gold Medal	Individual	State	Jetlee Chabungbam
8	26- 30,Aug,2022	2nd Manipur Olympic Games,2022/Bronze Medal	Individual	State	M.Deeppa Devi
9	26- 30,Aug,2022	2nd Manipur Olympic Games,2022/Bronze Medal	Individual	State	Yaiphabi Chanu
10	1- 12,Nov,2022	Ashem Arun Kumar Singh Memorial Manipur University Inter-College Table Tennis M/W Tournament/ Gold Medal	Team	University	1. H.Yaiphabi Chanu 2. M.Deeppa Devi
11	21-Nov,2022	Manipur University Inter-College Best Physique Weight Lifting and Power lifting M/W Championship/Silver Medal	Individual	University	K.Chinglenkh omba Meitei
12	24- 26,Nov.,2022	5th India Open International Taekwondo Championship/Silver Medal	Individual	International	Jetlee Chabungbam
13	21 - 23,Dec,2022	All India Inter-University Fencing M/W Tournament/ Bronze Medal	Individual	University	Th.Satish Meitei
14	21-23,Dec, 2022	All India Inter-University Fencing M/W Tournament/ Bronze Medal	Team	University	Th.Satish Meitei
15	22 Dec., 2022	Manipur University Inter-College Softball M/W Tournament/ Silver Medal	Team	University	Regional College Men's Softball Team
16	24-28 Mar.,2023	33rd Senior National Fencing Championships/ Gold Medal	Team	National	Th.Satish Meitei
17	25 May-3 June,2023	Khelo India University Games, 2022/ Bronze Medal	Team	University	Th. Satish Meitei
18	27-30, April, 2023	17th Governor's Taekwondo Cup, Manipur,2023/Bronze Medal	Individual	National	Jetlee Chabungbam

Number of awards/medals for outstanding performance in sports activities at university/state/national / international level during the last five years.



TO WHOM IT MAY CONCERN

This is to certify that the following students of Regional College, Lilong have successfully attended a ten-day online training program on the topic "Fundamentals of Computer Application" at Diana Computer Centre from 15th- 24thDecember 2020.

The students are hard-working, sincere and punctual during the training period.

SI.No	Name	Semester
1	Karam Tondon Singh	B.Sc. 6e Sem.
2	Nikhil Lourembarn	B.Sc. 6n Sem.
3	Nihash Sinam Meitei	BA. 6n Sem.
4	Yengkhom Delta chanu	BA.2nd Sem.
5	DainaKhangembam	B.Sc 2 Sem.
б	Kshetrimayum Arjun Singh	B.Sc 2nd Sem.

Liana Principe) Diana Computer Centre Principal

Diana Computer Centre



TO WHOM IT MAY CONCERN

This is to certify that the following students of Regional College, Lilong have successfully attended a ten-day training program on the topic "Basic Computer Application" at Diana Computer Centre from 9-18, April 2019.

The students are hard-working, sincere and punctual during the training period.

SI.No	Name	Semester
1	Wangkhem Donald Henery	B.Sc. 1st Sem.
2	Selina Laishram	B.Sc. 1st Sem.
3	Khundrakpam Sunny Singh	BA. 3rd Sem.
4	Chandam Victor Pakhangba	BA.3rd Sem.
5	Soubam Phalguni Singh	B.Sc 3rd Sem.
6	Naorem Remson Singh	B.Sc 3rd Sem.

Diana Ng. Principal Diana Computer Centre Principal

Diana Computer Centre



Manufacture & Supplier Kauna Mat, Cushion, Bag, Container, Box etc. and ailed crafts. Show Room & Factory : Kongba Nandeibam Leikal, Kongba Road Imphal East - 795001 (Manipur) Tel : 0385 - 2226991

Ref. No. AH/072/19

Date

CERTIFICATE OF MERIT

This is to certify that the following students of Regional College, Lilong Chajing, Imphal West has successfully attended a 10 days training programme on Handicrafts under the guidance of Akhom Rasho Singh of Akhom Handicrafts from 7th January to 16th January 2019.

The student as hard working, sincer and punctual during the training period.

SL, NO.	Name of the Students	Class
1	KM Peithai Kamei	B.A. 5th Sem
2	Gangmei Luranlu Kabuini	B.A. 5th Sem
3	Panthoi Thounaojam	B.A. 5th Sem
4	Ronindrakumari Lakshmi konsam	B.A. 3 rd Sem
5	Paonam Rebika Devi	B.A. 3 rd Sem
6	Karam Tondon Devi	B.A. 3rd Sem
7	Nongmaithem Sushila Devi	B.A. 3 rd Sem

ARasha Singe

Akhom Rasho Singh

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M/S Akhom Handicrafts Property M & AKHOM HANKS - HAFTS Property Non-Active Control of the State Temple Non-delbath central Symbols and Implicit Fast-P15P01 (Krown)



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Ref. No. AH/117/20

Date

CERTIFICATE OF MERIT

This is to certify that the following students of Regional College, Lilong Chajing, Imphal West has successfully attended a 10 days training programme on Handicrafts under the guidance of Akhom Rasho Singh of Akhom Handicrafts from 13th January to 22th January 2020.

The student as hard working, sincer and punctual during the training period.

SL. NO.	Name of the Students	Class
I	Echan Devî Chingtham	B.Sc. 6 th Sem
2	Simran Chanu Longjam	B.Sc. 6th Sem
3	Saloni Aheibam	B.A. 6 th Sem
4	Okram Sanatombi Devi	B.A. 2nd Sem
5	Shilleibi Laishram	B.A. 2nd Sem
6	Irom Rusia Devi	B.A. 2 nd Sem



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M/S Akhom Handicrafts

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Manufacture & Supplier Kauna Mat, Cushion, Bag, Container, Box etc. and allied crafts Show Room & Factory : Kongba Nandelbam Leikal, Kongba Road Imphai East - 795001 (Manipur) Tel : 0385 - 2226991

Ref. No. AH/215/23

Date

CERTIFICATE OF MERIT

This is to certify that the following students of Regional College, Lilong Chajing, Imphal West has successfully attended a 10 days training programme on Handicrafts under the guidance of Akhom Rasho Singh of Akhom Handicrafts from 16th January to 25th January 2023.

The student as hard working, sincer and punctual during the training period.

SL. NO.	Name of the Students	Class
1	Konsam Abekeina Devi	B.A. 6 th Sem
2	Mutum Rojita Devi	B.A. 6 th Sem
3	Soibam Somolata Devi	B.A. 4 th Sem
4	Kiyam Sarah Devi	B.A. 4 rd Sem
5	Okram Dolly Chanu	B.A. 4 th Sem
6	Kajal Mayanglambam	B.A. 2 nd Sem
7	Soubam Daina Devi	B.A. 2nd Sem

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Akhom Rasho Singh

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M/S Akhom Handicrafts

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